



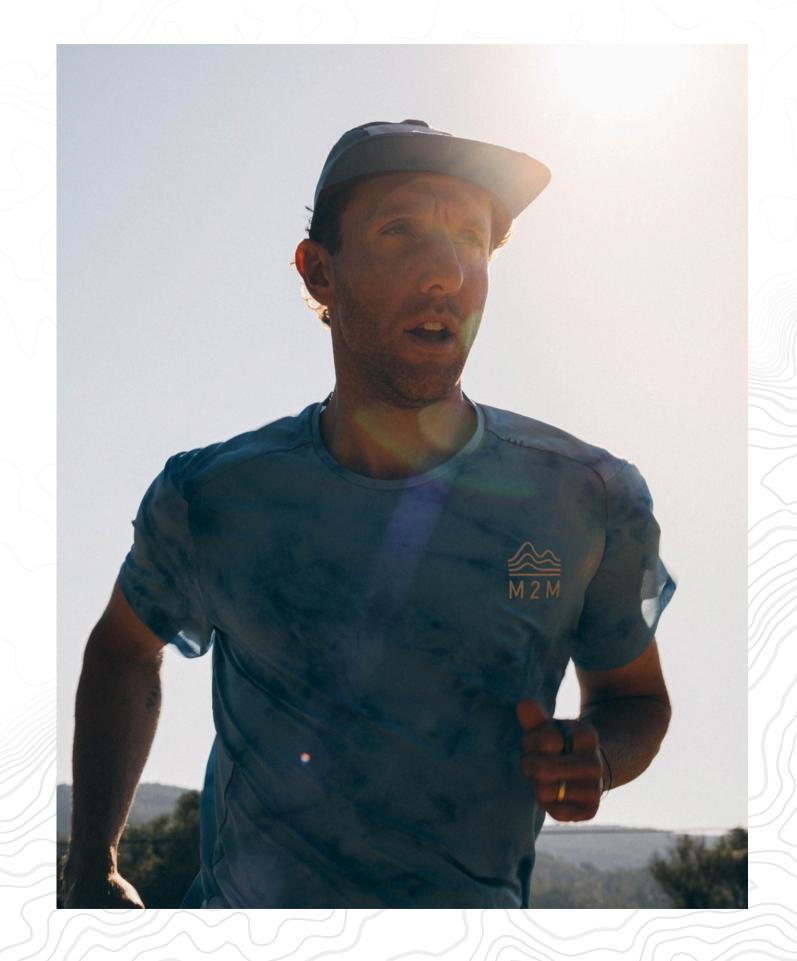


At 18, I was the fastest under-20 miler in the world. By 25, injury had ended my running career, and I was working at a bank, wondering if my best days were already behind me.

That question led me to start over in cycling. A decade later, I'd earned a World Championship medal and won a stage at the Tour de France. But over time, racing became routine. The thrill of discovery was gone.

Now, at 39, I still have the fitness—but I want back the purpose. So I'm doing what I did once before: starting fresh. In 2026 and 2027, I'll take the engine I've built and test it in against the best endurance athletes in new arenas—triathlon, gravel racing, trail running, skimo, MTB.

I'll be chasing the feeling that's defined the best parts of my career: stepping into uncharted territory and seeing what I'm capable of.







As a kid, I grew up skiing, and before I became a runner, as a 14-year-old, I briefly entertained the idea of moving out west and becoming a ski bum. If you told my 14-year-old self that I would now, at 39, have a beautiful wife, two great kids, and live in a sweet house 50m from a gondola, he would say, "We did it!!!"

I don't think that 14-year-old could have conceived how I would get here, but here I am.

Since moving to Andorra, I've rekindled my love for downhill skiing and fallen in love with what could be my favorite thing to do in this world: ski mountaineering (skimo).

I had no idea about ski mountaineering until I moved to Andorra, but it combines two of my loves—endurance and downhill skiing. You get all of the beauty and pleasure of exploring the mountains, the gratification of conquering a peak, and all of the fun of skiing ungroomed runs, away from the crowds, lines, and hype of the resort.

The fact that it is also a competitive sport, and will feature in the 2026 Olympics, makes me want to test the waters and see what it's all about.

### **SCHEDULE**









To me, gravel represents what road cycling used to be. It's far more accessible, far safer, and tests you more as an individual. If you took a guy who did the original Tour de France, he would probably find gravel to be far more relatable than the current version of road cycling.

Races like Unbound and Traka have always been on my radar, and I've always wanted to do them, but due to the demands of being a pro racer, I haven't been able to. Now, with the form that I have, I want to go to these events with the goal of winning something big!

### **SCHEDULE**

Santa Vall (Girona) Gravel Feb 13, 2026

Sea Otter Classic (Monterey, CA)
April 16–19, 2026

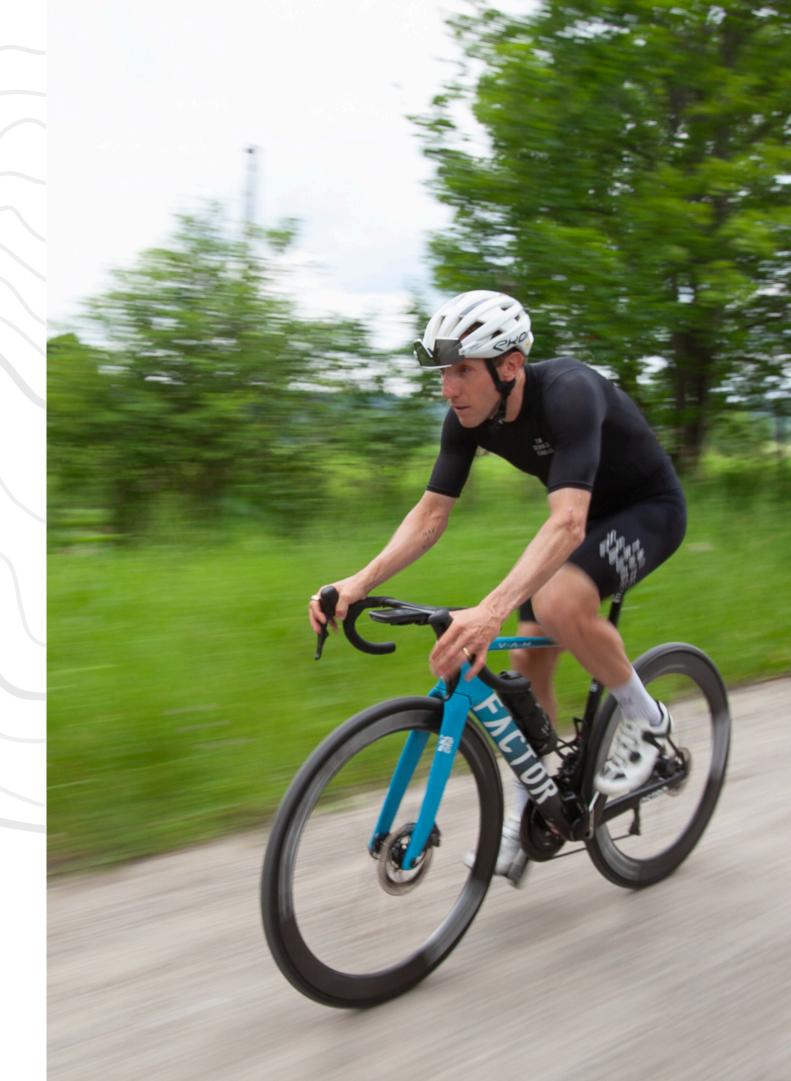
The Traka (Girona)
May 2, 2026

UCI Gravel Gralloch (Scotland)
May 15, 2026

Unbound Gravel (Kansas)
May 31, 2026

Canadian National Gravel Championships
June 15, 2026

Sea Otter Europe (Girona)
September 25–27, 2026





# MTB MARATHON

Maybe what I was meant to do?

I never raced a bike as a kid, but wherever I went—if it wasn't snowing—I was on my mountain bike. I've always loved ripping on trails and the exploration that MTB offers.

The blend of skill, art, and endurance intrinsic to the sport has always appealed to me. Races like Leadville and Cape Epic have captured my imagination for a long time now, and given my aerobic capacity, they're two events where I think I could excel.

### **SCHEDULE**



Cape Epic (South Africa) March 15-22, 2026



**Leadville Trail 100 MTB** August 9, 2026





# TRAIL RUNNING

Trail is the purest form of endurance sport—and likely one of the oldest. I've always loved running, and I always will. Once I became a pro cyclist, I began to long for the simplicity and elegance of running. All you need for a running race, if anything, is a pair of shoes, shorts and jersey. Traveling to a race, all you need is a carry-on. Whereas, when I go to a cycling event, it's ridiculous the planning, packing and logistics that are involved.

Europe has opened my eyes to the sport, and now, with the years of developing my engine as a pro cyclist and my pedigree as a miler, I feel like I have what it takes to compete with the best.

#### **SCHEDULE**

Trail Costa Brava (Costa Brava, Spain)
Jan 25, 2026

Trail Cap de Creus (Cap de Creus, Spain)
March 8, 2026

Zegama-Aizkorri Trail Race (Basque Country)
May 23-25, 2026

Sierre-Zinal (Switzerland )
August 9, 2026

Mallorca Trail Race
October 31, 2026





Since I became a pro cyclist, I've been asked the following question: You are good at running, you are good at cycling—can you swim? Tri has been on my mind since Simon Whitfield won gold at the Sydney Olympics in 2000. Now, I want to see how far I can go in this realm.

However, the first question I have to ask is: How do I qualify for Kona?

### **SCHEDULE**

Half Ironman Mont-Tremblant June 20, 2026

Ironman Lake Placid
July 20, 2026

Ironman 70.3 World Championships (Nice, France)
September 12–13, 2026

Kona Ironman World Championship
October 10, 2026

SGRAIL100 (Girona)
October 18,2026



